

# Mealtime Miseries: Management of Complex Feeding Issues

elizabeth clawson MS, Ph.D., LCP, HSPP

carol elliott BS, OTR/L

August 18 & 19

Belgrade, MT

Holiday Inn Express & Suites Belgrade  
309 W Madison Ave  
Belgrade, MT 59714

*“The combination of clinical skills with behavioral management of eating made this course an excellent learning opportunity. Great case studies and clinical reasoning... specific treatment techniques were taught and practiced with excellent handouts to support techniques.”*

– L. Sykes, OT, Rochester, NY

The focus of this 2 day course is on the Transdisciplinary Effective Assessment and Treatment (TR-eat) model integrating oral motor therapy techniques and behavioral management for the treatment of complex feeding problems. **This model is evidence based with 10+ years of research supporting outcomes.**

Packed with practical solutions and hands on techniques, you will become empowered with new treatment ideas for your most complex patients. This course is appropriate for clinicians with all levels of experience.

## Course Learning Objectives

Upon completion of this 2 day workshop, the participant will:

- Identify the foundation of the TR-eat™ model.
- Identify variables that produce complex pediatric feeding problems including: medical, oral motor and behavioral.
- Explain feeding problems across developmental stages.
- Explain the use of behavioral strategies including shaping, chaining and fading as a catalyst to enhance oral motor and therapeutic skill building.
- Identify texture grading techniques and apply them to the process of making pureed table foods for children weaning from tube feedings and learning how to chew.
- List 3 or more treatment strategies for “picky eaters”, including those with autism, using behavioral interventions.
- Identify methods to improve problem solving skills through careful analysis in order to determine the most effective treatment plan for maximum desired outcomes.

This course  
provides 1.4  
ASHA CEUs and  
14 Contact Hours  
for OT

HOSTED BY



Carol and Elizabeth share their 30-plus years of combined clinical practice and expertise in this unique feeding course. Together they have developed the TRansdisciplinary Effective Assessment and Treatment (TR-eat) model. This model melds medical management, skill building and behavioral interventions to create a distinctive treatment method with outstanding outcomes for children with complex feeding problems. This dynamic course will cover innovative strategies, using video case examples, to address oral aversion, food refusal, poor transition onto solid foods, texture grading, learning to chew, self feeding and feeding difficulties related to autism and picky eaters.

This course is packed with practical solutions and extensive written handouts that will empower you with new treatment methods for your most complex patients. **These interventions are systematic and evidence based with research supporting outcomes.** This course is appropriate for clinicians with all levels of experience.



**Elizabeth Clawson, MS, Ph.D., LCP, HSPP** is an internationally renowned pediatric clinical psychologist known for her extensive work in the field of pediatric feeding disorders. Dr. Clawson is a dynamic and engaging speaker who is able to combine her clinical expertise with research based outcomes to support the intervention strategies presented in this course. Her clinical practice is at the Pediatric Feeding Program at St. Mary's Center for Children in Evansville, Indiana. Dr. Clawson received her M.S. and Ph.D. degrees from Virginia Commonwealth University in 1996. She completed her internship training at the Kennedy Krieger Institute/Johns Hopkins University School of Medicine Pediatric Feeding Disorders Program. As behavioral director of the Children's Feeding Program in Richmond, VA she collaborated with colleague Carol Elliott to develop the TR-eat model. She has presented and published extensively in the area of pediatrics.



**Carol Elliott, B.S., OTR/L** is an internationally recognized and energetic speaker. She is a master clinician at Children's Feeding Program at the Children's Hospital of Richmond at Virginia Commonwealth University. Carol has worked in the area of pediatric Occupational Therapy since 1987 after receiving her degree at Elizabethtown College, Elizabethtown, PA. Carol has devoted the past 14 years developing and implementing treatment techniques utilized in the TR-eat Model for children with complex feeding disorders. She provides treatment for infants through teenagers both in an outpatient clinic setting and as part of the Intensive Day Feeding Program. Along with her full time clinical practice, she has published multiple articles, conducted numerous presentations and has provided consultative services to other professionals and treatment centers in the area of pediatric feeding evaluation/treatment.

## workshop agenda

### Day One

- 7:30 - 8:00** Registration/breakfast
- 8:00 - 9:45** Review of feeding development birth-24 months (video examples). Identification of common etiologies related to feeding problems and challenges. Feeding difficulties for the "new" feeder - Evaluation/treatment (medical management, formula, positioning) with video case studies
- 9:45 - 10:00** Break
- 10:00 - 11:30** Continue evaluation/treatment for the "new" feeder (bottle feeding tips and alternatives, oral-motor interventions, introducing spoon feeding) with video case studies
- 11:30 - 12:30** Lunch (on your own)
- 12:30 - 2:30** Practice spoon placement and handling techniques, squeeze bottle use and preparation of smooth pureed table foods
- 2:30 - 2:45** Break
- 2:45 - 4:30** Introduction and application of behavioral principles, clinical problem solving, with video case examples

### Day Two

- 7:30 - 8:00** Registration/breakfast
- 8:00 - 9:45** Continuation of application of behavioral principles, clinical problem solving, video case examples. Feeding problems and interventions for the "advanced" feeder (baseline evaluations, positioning, texture grading – preparation of texture graded pureed/chopped table foods, teaching chewing skills) with video case studies
- 9:45 - 10:00** Break
- 10:00 - 11:30** Continue interventions for the "advanced" feeder (teaching chewing skills, addressing food packing behavior, introduction of self feeding) with video case studies
- 11:30 - 12:30** Lunch (on your own)
- 12:30 - 2:30** Continue interventions for the "advanced" feeder (self-feeding, cup drinking, straw drinking) with video case studies. Treatment techniques for children with Autism and the "Picky" eater (food fading, systematic desensitization, structured mealtimes, reward programs) with video case examples.
- 2:45 - 2:45** Break
- 2:45 - 4:30** Continue Treatment techniques for children with Autism and the "Picky" eater (food fading, systematic desensitization, structured mealtimes, reward programs) with video case examples.



The Arizona Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.4 ASHA CEUs (Intermediate level, Professional area).

\*For the ASHA required disclosure on conflict of interest, please go to the course description at [www.pediatricfeedinginstitute.com/seminars/live-courses](http://www.pediatricfeedinginstitute.com/seminars/live-courses).

# Mealtime Miseries: Management of Complex Feeding Issues

elizabeth clawson MS, Ph.D., LCP, HSPP  
carol elliott BS, OTR/L

## Registration Form

**August 18 & 19, 2017**

Holiday Inn Express & Suites Belgrade  
309 W Madison Ave  
Belgrade, MT 59714

### Registration

	<b>Early</b>	<b>Regular</b>
<b>Single</b>	<b>\$450</b>	<b>\$475</b>

Early registration deadline: August 1, 2017.

Additional \$3.00 charge for SLPs wanting to obtain and file ASHA CEUs

Registration fees include course materials. Cancellations within 14 days will be refunded minus a \$75 admin fee. No-shows or cancellations received less than 7 days prior to the course are non-refundable.

Please enclose a check payable to **Mosaic Rehabilitation** and mail with this form to:

**Mosaic Rehabilitation**  
6325 Jackrabbit Lane, Suite A  
Belgrade, MT 59714

For credit card payment please call the 406-388-4988 or fax registration form and credit card information to 406-388-6188.

registrant's name

registrant's title

registrant's profession

license number

email address (for confirmation)

facility / company

address

home  business

city

state

zip

phone

fax

# of registrants

ASHA cues (SLPs only)  
\$3.00 each

total \$

credit card #

expiry date

cvv code



The Arizona Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.4 ASHA CEUs (Intermediate level, Professional area).

\*For the ASHA required disclosure on conflict of interest, please go to the course description at [www.pediatricfeedinginstitute.com](http://www.pediatricfeedinginstitute.com).

HOSTED BY

